

COAST TO COAST ANESTHESIA SEMINARS PRESENTS:

*Regional Anesthesia Clinic with Hands-On Workshop*

*Key West, Florida*

*March 24 - 28, 2008*

**PROGRAM (24 CEUs)**

**Monday, March 24**

0715-0800 Registration & Continental Breakfast  
 0800-0810 Introductions (Young)  
 0810-0910 Basic Principals of Regional Anesthesia (Gleason)  
 0910-1010 Cost, Safety & Advantages of Local Anesthetics (Gleason)  
 1010-1030 Refreshment Break  
 1030-1130 Coagulation & Regional Anesthesia (Wicks)  
 1130-1230 Lower Extremity Block Anatomy (Wicks)  
 1230-1330 Lunch (on your own)  
 1330-1430 Lower Extremity Block Techniques (Spitzer)  
 1430-1530 Brachial Plexus Anatomy for Regional Anesthesia (Spitzer)

**Tuesday, March 25**

0715-0800 Registration & Continental Breakfast  
 0800-0810 Introductions (Young)  
 0810-0910 Upper Extremity Block Techniques (Gleason)  
 0910-1010 Ultrasound in Anesthesia (Gleason)  
 1010-1030 Refreshment Break  
 1030-1230 Upper & Lower Regional Workshop # 1 (Faculty)  
 1230-1300 Lunch (on your own)  
 1300-1500 Upper & Lower Regional Workshop # 2 (Faculty)

**Wednesday, March 26**

0715-0800 Registration & Continental Breakfast  
 0800-0810 Introductions (Young)  
 0810-0910 What's New in Spinal & Epidural Anesthesia (Spitzer)  
 0910-1010 Thoracic Epidurals & Continuous Epidurals (Spitzer)  
 1010-1030 Refreshment Break  
 1030-1130 Clinical Applications of Spinal & Epidural Anesthesia (Wicks)  
 1130-1230 Complications of Spinal & Epidural Anesthesia (Wicks)  
 1230-1330 Lunch (on your own)  
 1330-1430 \*Spinal Anesthesia: Techniques & Dosing (Spitzer)  
 1430-1530 \*Epidural Anesthesia: Techniques & Dosing (Spitzer)

**Thursday, March 27**

0715-0800 Registration & Continental Breakfast  
 0800-0810 Introductions (Young)  
 0800-1030 †Spinal & Epidural Hands-on Workshop # 1 (Faculty)  
 0800-1030 OB Round Table Discussion # 1 (Nicholson)  
 1030-1100 Refreshment Break  
 1100-1330 †Spinal & Epidural Hands-on Workshop # 2 (Faculty)  
 1100-1330 OB Round Table Discussion # 2 (Nicholson)

**Friday, March 28**

0715-0800 Registration & Continental Breakfast  
 0800-0810 Introductions  
 0810-0910 Tips for Improving the Obstetrical Epidural (Nicholson)  
 0910-1010 Current Analgesic Techniques for L&D (Nicholson)  
 1010-1030 Refreshment Break  
 1030-1130 Avoidance of Neurologic Complications in the Obstetrical Patient (Nicholson)  
 1130-1230 The OB Environment: A Challenge for the Anesthetist (Nicholson)

\* Qualifies for Pharmacology credit (3 CEUs for full course)

† Limited to 50 attendees

**Approved by the American Association of Nurse Anesthetists for 24 CE Credits. Code number 29967, Exp. Date 3/28/2008**

**FACULTY**

**David Gleason, CRNA, BHS**  
 Duke University Medical Center  
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 Associate Professor of Nursing  
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 Asst. Director Anesthesia Services  
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**Terry Wicks, CRNA, MHS**  
 AANA Past President  
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 Catawaba Memorial Hospital  
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**DIRECTORS**

**John F. Boothby, CRNA, BSN**  
 Lakeview Anesthesia Services, Inc.  
 Coast to Coast Anesthesia Seminars, Inc.  
 Paw Paw, MI

**Jerry M. Young, CRNA, BS**  
 CRNA Anesthesia Services, Inc.  
 Coast to Coast Anesthesia Seminars, Inc.  
 Cedaredge, CO

## HOTEL INFORMATION & RESERVAIONS

Built in 1920, **Casa Marina** is a flawless merging of old Key West ambiance and contemporary luxury. A haven of laid back, breezy elegance, the Resort offers ocean view rooms that open onto private balconies or patios shaded by graceful palms.

These historic, Mediterranean-style accommodations are nestled on the largest private beach in Key West, just a short walk from Southernmost Point U.S.A. and Key West Aquarium. From this convenient location, you can explore the renowned nightlife of nearby Duval Street, the charming attractions of historic Old Town and enjoy easy access to world-class water sports, deep-sea fishing, and diving in America's only living barrier reef. For more information about Casa Marina, please visit their website at [www.casamarinaresort.com](http://www.casamarinaresort.com).

For reservations, please call Casa Marina directly at 1-800-626-0777 or 1-800-WYNDHAM. Remember to identify yourself as a Coast to Coast Anesthesia Seminar attendee.

Deluxe Non-Ocean View	\$249*
Deluxe Ocean View	\$324*
Ocean View One Bedroom Suite	\$399*
*Plus Tax	

**Important reservation & rate information:** The reservation cutoff date is February 22, 2008. Any reservation requested after the reserved room block is full or after the cutoff date will be available at the Hotel's discretion. Last year rooms were sold out 30 to 40 days prior to cutoff date.



### REGISTRATION FORM

(PLEASE PRINT)

**Name** \_\_\_\_\_  
Last First MI

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**AANA #** \_\_\_\_\_

**Telephone #** \_\_\_\_\_

**Email** \_\_\_\_\_

Charge to my  Visa  MasterCard  Check enclosed

**Account #** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **CVV #** \_\_\_\_\_  
(3 digit code on back of card)

**Card Holders Name** \_\_\_\_\_

**Total amount enclosed \$** \_\_\_\_\_

### TUITION RATES\*

- Full Seminar with Workshops \$ 875  
 Please specify Workshops # 1 or # 2:  
 Upper & Lower Extremity \_\_\_\_\_  
 Spinal & Epidural \_\_\_\_\_
- Upper & Lower Extremity \$ 500\*\*  
 Lectures & Workshop (3/24 & 3/25)  
 Please specify Workshop # 1 or # 2 \_\_\_\_\_
- Spinal & Epidural \$ 500\*\*  
 Lectures & Workshop (3/26 & 3/27)  
 Please specify Workshop # 1 or # 2 \_\_\_\_\_
- Lectures Only - Full week \$ 575
- Lectures Only - Daily Rate \$ 175  
 Please specify days attending \_\_\_\_\_

\* Registrations made after February 22, 2008 and all walk-ins add \$50 to tuition fee.

\*\* Choose one; Please indicate your preference for Workshop times, we will do our best to accommodate your preference as space allows.

**MAKE ALL CHECKS PAYABLE TO COAST TOCOAST ANESTHESIA SEMINARS, INC.**  
**Mail to: 205 West Main, Cedaredge, Colorado 81413**

**FOR IMMEDIATE REGISTRATION**  
**CALL 1-800-568-8542, FAX (970) 856-6546, WEB SITE [www.CRNAsemiars.com](http://www.CRNAsemiars.com)**